WELL SPA

menu

please dial 3292 to order
all orders are subject to $4 delivery fee
18% gratuity and 5.5% sales tax.

name

delivery time

breakfast 6:30-11:30 am

☐ **seasonal fruit bowl** 7

☐ **smoothie** 10
choose two - blueberry, strawberry, mango or banana
add avocado + 3
add spinach, protein powder or chia seed + 2

☐ **avocado toast** 18
whole grain bread, watermelon radish, arugula,
chili flakes, extra virgin olive oil
add egg + 2

☐ **everything spice bagel sandwich** 16
thick-cut applewood bacon, avocado,
cheddar cheese, eggs, arugula, fancy sauce

☐ **lox & bagel** 17
smoked salmon, hard-boiled egg, cured tomato,
cucumber, dill, capers, pickled onion, cream cheese,
everything spice bagel

beverages

☐ **pepsi/diet** 4
☐ **starry** 4
☐ **iced tea** 4
☐ **lemonade** 4
☐ **saratoga sparkling** 6
☐ **saratoga spring water** 6
☐ **bottled water** 3.50

desserts

☐ **carrot cake** 15
carrot and zucchini cake, vanilla bean,
cream cheese frosting

☐ **ny cheesecake** 15
vanilla cheesecake, caramel sauce, berries

salads & handhelds 12:00 pm

☐ **citrus hummus** 17
tinkerbell peppers, cucumbers, carrots,
radish, olives, naan

☐ **caesar salad** 15
romaine, lemon-garlic dressing,
shaved parmesan, croutons
add chicken + 9 add oak roasted salmon + 12

☐ **chopped cobb salad** 21
romaine, chicken breast, bacon, egg, bleu cheese,
avocado, tomato, dill dressing

☐ **turkey blt** 17
house roasted turkey, bacon, leaf lettuce, tomato,
cranberry mustard, light rye bread

☐ **mushroom chicken sandwich** 18
grilled chicken breast, local mushrooms,
pickled tomato, shaved lettuce, mozzarella,
caramelized onion, sesame brioche bun

if you prefer an alternative salad dressing,
please provide your preference here